

Sitka Youth Leadership Committee (SYLC)

acceptance • empowerment • diversity • respect • friendship
equity • integrity • non-violence • inclusiveness • understanding



Pathways Coalition
Sitka, Alaska 99835

sitkayouthleadership.com
sylcintern@gmail.com
[@sylcleaders](https://www.instagram.com/sylcleaders)

OVERVIEW

SYLC is a group of youth leaders from Sitka's middle and high schools dedicated to building bridges and promoting respect between individuals, schools, and communities. Members identify issues they see harming their peers and communities, and develop strategies to address and counteract them. In order to do so, students participate in training intensives to learn about these issues and be able to effectively identify injustices and create positive change. As leaders, we try to actively improve ourselves and our communities. Collectively, members typically contribute over 500 hours per year to SYLC.

GOALS AND PROJECTS

Harmful Social Norms

Equity Campaign: Know Your Privilege, Share Your Power

In order to initiate change and to counteract systems of oppression, SYLC engages community members in conversations about how to create a more equitable world for all.

Mold Your Masculinity

This campaign raises awareness about harmful masculinity norms and redefines what it means to be a man in today's society.

Relationships

Peer Education

Trained Peer Educators visit classrooms and afterschool programs to teach other teens about the core components of healthy relationships and early warning signs of harmful and abusive behaviors.

Healthy Me, Healthy We

This campaign increases awareness of dating violence and promotes healthy relationships among teens. SYLC believes a healthy relationship starts with healthy individuals.

Mental Health

Mental Health Campaign

This campaign aims to destigmatize mental health challenges, encourage adults in the community to support youth mental health, and identifies broader societal inequities that impact individuals' wellbeing.

RESPONSIBILITIES

- Commit to 1.5hr weekly meetings and 3hr monthly workshops
- Uphold SYLC's values
- Be a leader in and outside of the group
- Engage respectfully in difficult conversations
- Practice active listening and share your perspective
- Work as a team to raise awareness of SYLC's goals
- Connect with the community to increase opportunities for youth leadership
- Maintain confidentiality

OUTCOMES

- Increase skills in:
 - Project planning and implementation
 - Public speaking
 - Problem solving
 - Interpersonal communication
 - Time management
- Feel empowered to create change
- Increase confidence and self-esteem
- Discover pathways to extracurricular and postsecondary opportunities
- Build long-lasting relationships across communities
- Receive payment for participation